

WorldCare Explained





Companies

About Us

An innovative leader in high-end health care

>Now Health International

Our promise to our customers is in our name: 'Now' is clear, innovative and accessible. This means clear, relevant information, easy-to-use online tools and fast service from people who respect your time. Our products are designed to be comprehensive and benefit rich.

Now Health International is a global business with its headquarters in Hong Kong and regional service centres in Hong Kong, Shanghai, Dubai, the United Kingdom, Singapore and Jakarta.

In July 2015, Now Health's investor acquired Best Doctors Insurance, a major medical insurance provider with distribution throughout Latin America, the Caribbean and Canada.

The combination of the two businesses creates one of the largest providers of high-end international private medical insurance globally, with 12 sales/service offices, 125,000+ members, 370 staff and 5,000+ distribution partners.

> Best Doctors Insurance

Best Doctors Insurance is the leading international health insurance company in Latin America, the Caribbean and Canada. At Best Doctors Insurance we have a clear vision: to help our members connect with the very best healthcare, with access to the best-quality hospitals and specialised centers around the world.

Best Doctors Insurance offers top-quality medical insurance plans; each carefully designed to deliver a full range of exclusive benefits and services for our members. The result? Our members can be certain they have the best health insurance plan that will help them, not only by paying the medical expenses but also guiding them through the complexities of the health care system when they need medical care.



Our Global Presence

Our main markets are Asia Pacific, Canada, Caribbean, United Kingdom, Europe, Latin America and the Middle East, offering personalised customer service from our 12 offices around the globe.



> Our Awards

Our ongoing commitment to top-end products and service has won us a number of awards for international health insurance. Our award winning innovative service proposition provides you with peace of mind that we will deliver a fast, accurate service when you need it most. Digital tools such as our smartphone App also make it even simpler and quicker to submit claims or find a medical provider, creating an exceptional customer experience.

We are proud of our recognition from the worldwide medical insurance industry and continue to improve and develop our offer,

to ensure we retain our position as the leading innovator in international health insurance.

> Our Insurance Partner

Starr Insurance Companies is a leading insurance and investment organization, providing commercial property and casualty insurance, including travel and accident coverage, to almost every imaginable business and industry in virtually every part of the world. Cornelius Vander Starr established his first insurance company in Shanghai, China in 1919. Today, Starr is one of the world's fastest growing insurance organizations, capable of writing in 128 countries on 6 continents. No other global insurance company exceeds Starr's long history and comprehensive experience in complex business markets like China, among others. Starr has the global knowledge, vision and relationships to help companies succeed, anywhere they do business.



Our Promise to Members

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Service Promise

Your employees time is precious. We understand you need to know how quickly we will handle your requests. That's why we've made six promises about how fast we can deliver key services, to provide you with peace of mind. These are:



Look what our customers say about us!

Results of our Customer Survey 2019 show that the majority of our members are happy with both our top-end benefits and great service.

Very good, good or excellent service reported by 87% of members*



*based on survey Nov 2019

Why Choose Us ?

With us, it's easy to get immediate access to top-quality healthcare anywhere in the world.

We make it simple to choose the right cover and access the best medical care for you and your employees.



Secure

Reinsured by the financial strength of RGA, a global reinsurance leader in financial protection and the third largest reinsurer in the life and health sector worldwide, operating in 26 countries around the world, delivering expert solutions in individual group life and health reinsurance



Fast

Our quick and simple claims process means your employees can use our smartphone App, website or email us all their claims for fast reimbursement



Service Excellence

Our peerless customer experience is delivered via a unique set of service promises which set out how fast we will complete important tasks like processing claims



Experienced

We are international health insurance experts. Our senior management team has over 200-years combined experience and >10% employees are medically trained



Comprehensive

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today



Always on

Your employees can access our customer service teams 24-hours a day, 365-days a year



Innovative

Our state-of-the-art website provides instant access to plan documents, management information and claims tracking information



Transparent

We operate an up-front approach to underwriting which means that all our members know exactly what they're covered for and what they're not



Wellness

Our preventive care additional option means your employees can look after their future health too



Access

Our worldwide network of medical providers offers access to healthcare without your employees having to pay up-front

Global

Now Health's local service offices in Asia Pacific, the Middle East, Europe and the Americas offer a truly worldwide service





Our Added Value Services

arte Roca

Support to stay well and support when your employees need it

At Now Health we think it's important to support your employees with their overall health and wellbeing. That's why we offer a range of added value services in addition to your core plan protection, so you know we're there for your employees, every step of the way.



Second Medical Opinion

- Why: A second medical opinion can help provide reassurance, particularly for those who are uncertain about their diagnosis, have a complex condition, or are unsure about what treatment plan to choose.
- What: Leveraging our extensive network of medical experts worldwide, we provide your employees with a second medical opinion service to help ensure they get the right diagnosis and the right treatment.

Members can access this service for both acute and long term conditions, and in most cases the second medical opinion will be delivered within a matter of days.

How: Employees simply contact their local Customer Service team to use this service. CustomerService@now-health.com



Global Concierge Service

- Why: As an international health insurance provider, we recognise that many of our members may choose to seek treatment overseas, away from their home country.
- What: To help make this process easier for your employees, we provide concierge support to help them manage the process. This includes:
 - Recommending where to get treatment
 - Support to book medical appointments
 - Appointment reminders
 - Placing guarantees of payment with the hospital, including in an emergency, so your employees don't need to pay up front
 - Support with arranging medical visas as and when required
- How: Employees simply contact their local Customer Service team to use this service. CustomerService@now-health.com



EAP (For SME Clients Only)

- Why: At Now Health International we believe that mental health and well-being are integral components of your overall health. That's why we offer an Employee Assistance Programme (EAP) as an additional level of support to our SME clients, helping employees and their families to cope with real-life challenges and proactively manage their well-being.
- What: The confidential EAP service is provided by LifeWorks by Morneau Shepell. The service includes:
 - Immediate support by phone from specialised professionals in counselling, social work, psychology or human services, available 24/7 in multiple languages
 - Each member is eligible for 5 sessions of short-term counselling per plan year
 - Clients can also access a range of health and wellness advice via the EAP portal and App
- **How:** Once you purchase your plan, eligible members can access this free service by logging into the <u>LifeWorks Portal</u> or App.
- * Please note the EAP service is only available to our SME members (i.e. those on a company plan with 99 employees or less) with one of our enhanced WorldCare plans.

Our • Digital Tools

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Our Website

Manage your company plan online

The Now Health International website is designed to make it simpler to manage your international health insurance from accessing your plan documents to tracking your claims.

Members can access their information at any time with Now Health as all your details are stored in your secure online portfolio, which you can access 24-hours a day from anywhere in the world.

You can view and download all your group plan documents from here, including the certificate of insurance, group agreement, members' handbook and any form you might need. You can add and delete employees, order replacement membership cards for your staff and track all claims activity on your plan. Our complete online solution means that you can choose to go paper-free, although you can always request to receive your documents by post, if you prefer.

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Your location Network type	IDER
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Treatment type	14
Search.	

Online management reporting

We prepare regular management reports about your plan so you always have an up to date view of how your plan is running, including a statement of account, claims summary and a membership list.

Designed for your employees

Our intuitive online tools are designed to make it easier for your employees to use their plan too. Each employee gets their own secure online portfolio where they can view and download their plan documents and track the status of their claims.



Our smartphone App let's you claim and find doctors at the touch of a button. You can access thousands of medical professionals worldwide and enjoy quick and easy claims handling.

How to Use Your Company Plan

When you need to use your company plan, we've designed the process to be as straightforward as possible.

When your employees need out-patient treatment

If you select a plan that includes out-patient treatment, you can go to any medical practitioner, pay for your treatment and claim back your expenses. You won't have to pay anything if you have access to our Out-Patient Direct Billing Network. You can find a medical provider in our network from www.now-health.com or download our smartphone App.



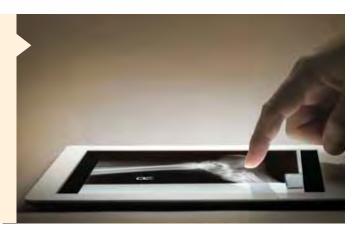
When your employees need in-patient or day-patient treatment

If your employees need to be admitted to hospital for day-patient or in-patient treatment, contact us and we will place a guarantee of payment with the medical provider so you don't need to pay anything. We aim to do this within two working days of your employee's call.



When your employees need preventive care

If you select one of our wellness additional options, your employees will be able to access screening, optical and vaccination benefits to safeguard you and your employee's future health.



Accessing help

Our customer service teams around the world are accessible 24-hours a day, 365-days a year. This service is available to you no matter where you are in the world, no matter of what time of day it is. They are on hand to answer any question about your plan, benefits, claims or if you have an emergency and need immediate help.





If your employees have accessed treatment within our out-patient direct billing network or if we've placed a guarantee of payment for them, there's no need to do anything further.

If your employees have had to pay and claim, we will process their eligible claims within *five working days or less.*

Your employees can track the status of all their claims in their secure online portfolio. We will email and SMS them updates as they happen.

All out-patient claims, and all in/day-patient claims

under USD 500/EUR 400/GBP 300 per medical condition

Employees can claim online using our secure online portfolio or smartphone App. Alternatively, if you prefer an offline solution you can email, post or fax us the front of the claim form and your scanned receipts.



All in/day-patient claims

over USD 500/EUR 400/GBP 300 per medical condition

Complete the front of the claim form and ask your medical practitioner to complete the back of the form. Upload it using our secure online portfolio, or email or fax it to us with your scanned receipts, diagnostic reports and/or discharge reports.



Your Employees' Membership Cards

Our secure online portfolio is designed to make it easy to access all your plan information in just a few clicks. You can use secure online portfolio to download membership card and add it to smartphone wallet.

We work closely with the medical providers in our network so they recognise your Now Health card. Any out-patient benefits you have selected will be clearly labelled on the card.

On the Card front · Plan name and option WORLDCAR Membership number NOW Exnal • In/Day-Patient Deductible MEFWCEX1456231 Out-Patient Co-Insurance OF ERCENS OF CO-INSLAMICE Nil per visit. INDAV DEDUCTIONE 241 Direct Billing DEECT BALLING LISD D INL DAY & DP · A barcode for medical providers You can add this pass to your Mobile Walkit by scanning the QR code below or tapping one of the wallef bullons. SAMPLE On the Card back Member name Singapore: +6568802300 Asia Pacific: +85222797310 Indonesia Toll-free: 08001889900 Indonesia Toll: +622127836910 China: +862161560910 Rest of the World: +97144501510 • Membership number YOUR PLAN VALIDATE MY PLAN Start Date Name: Gayani Dhanushka Weththasinghe NHI Membership Number: MEFWCEX1456231 Start Date: 07-AUG-20 Expiry Date Expiry Date: 06-AUG-21 24-HOUR EMERGENCY ASSISTANCE: In/Day-Patient Deductible: USD 0 Europe (Malta): +35622605240 United Kingdom: +441276602140 Singapore: +6568802304 Asia Pacific: +85222797340 Plan information Out-Patient Excess: Nil per visit Out-Patient Co-Insurance: Nil Out-Patient Co-Insurance: NII Direct Billing: (Excluding American Hospital & Clinics Dubai) – Out-Patient & In/Day-Patient – Maternity NII Co-Insurance Area of Cover: Worldwide Excluding USA Network: Submit claim Indonesia: +622127836940 China: +862161560914 Rest of the World: +97144501540 · Track your claims MAILING ADDRESS: Now Health International Services (Europe) Limited Dragonara Business Centre 5th Floor, Dragonara Road, St Julian's, STJ 3141, Malta Group Name: N/A Customer Service View your full plan benefits. Tap here to log into your portfolio and select 'My Plan'. • 24-HOUR Emergency Assistance INSURANCE DETAILS SUBMIT CLAIM This plan is insured by Starr Europe Insurance Limited. Use the app button at the top of the pass to use the Mailing address mobile app. Please present this card to your medical provider as Tap here to log in to your portfolio. evidence of your cover with us. Insurance details TRACK YOUR CLAIMS This membership card is the property of Now Health International Services (Europe) Limited and will Tap here to log into your portfolio and select 'My Claims'. Latest news be voided if your cover stops mid-way through a plan year. HOW TO REACH US Tap here to chat online LATEST NEWS Tap here to find out the latest news from us. Tap here to read our blog. Tap here to watch our explainer videos. CUSTOMER SERVICE Europe (Malta): +35622605110 United Kingdom: +441276602110 SAMPLE

Introducing < WorldCare

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WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today. There are four levels available: Essential, Advance, Excel and Apex. This means you can select the level of cover you prefer to suit your lifestyle, from basic medical treatment, to a more comprehensive package.

WorldCare

WorldCare Essential

is the most affordable package for people who want to be sure they can access in-patient and day-patient hospital care when they need it, while minimising their health insurance costs.

WorldCare Advance

covers you for all-round medical care for in-patient, day-patient treatment and out-patient care including GP and specialist appointments, physiotherapy and alternative therapies.

WorldCare Excel

covers you at higher benefit levels than Advance for in-patient, day-patient and out-patient treatment and includes routine and complex dental care.

WorldCare Apex

is the highest level of cover. With very high benefit limits, it includes in-patient, day-patient, out-patient, routine and complex dental treatment, and routine maternity care.

You can shape the cover you want by adding the following options providing a more comprehensive package for your employees. See how you can take advantage of your WorldCare plan today!

- We also have a range of annual **In and Day-Patient Deductibles** to suit your lifestyle. Deductibles give you greater flexibility to tailor your plan to your needs – from a high deductible to reduce your premium, to a low or nil deductible if you expect to use your plan frequently.
- If you choose an optional Deductible, on WorldCare Advance, WorldCare Excel or WorldCare Apex, you must also select a Co-Insurance Out-Patient Treatment option or an Out-Patient Per Visit Excess option. On WorldCare Essential if you choose an optional Deductible and an Out-Patient Charges option, you must also select a Co-Insurance Out-Patient Treatment option.
- You can have an Out-Patient Per Visit Excess of either USD 25/EUR 20/GBP 15 or USD 15/ EUR 12/GBP 10 per visit to an out-patient medical practitioner
- Choose the Co-Insurance Out-Patient Treatment option – pay either 10% or 20% of your out-patient treatment. There is a premium discount associated with this option based on the co-insurance you have selected.

• Select Extended Evacuation and Repatriation and select USA Elective Treatment to give you greater peace of mind if you need to travel abroad.



 Add options of Wellness, Optical and Vaccinations, and Maternity for added flexibility









Cover available

Not covered O Optional

WorldCare Benefit Schedule

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 (i) Transpo (ii) Reasona medical (iii) Reasona locally-a (iv) Non-ho, Repatriatio, following to 20. Mortal Repair (i) Transpo 	n and Repatriation		(i) Full refund	(i) Full refund	(i) Full refund	(i) Full refund
 (ii) Reasona medical (iii) Reasona locally-a (iv) Non-ho. Repatriation following to 20. Mortal Rerection (i) Transpo 	ortation costs		(ii) Full refund (iii) Full refund	(ii) Full refund (iii) Full refund	(ii) Full refund (iii) Full refund	(ii) Full refund
0. Mortal Rer (i) Transpo	able local travel costs to and from appointments able travel costs for a accompanying person spital accommodation costs n to country of residence or nationality		(iii) Funi retund (iv) Up to USD 200/EUR 160/ GBP 125 per day, up to USD 7,500/EUR 6,000/ GBP 4,600 per person, per evacuation Full refund	(iii) Fuint recurds (iv) Up to USD 200/EUR 160/ GBP 125 per day, up to USD 7,500/EUR 6,000/ GBP 4,600 per person, per evacuation Full refund	(iii) Fuin reunia (iv) Up to USD 200/EUR 160/ GBP 125 per day, up to USD 7,500/EUR 6,000/ GBP 4,600 per person, per evacuation Full refund	(iii) Full refund (iv) Up to USD 300/EUR 240/ GBP 185 per day, up to USD 10,000/EUR 8,000/ GBP 6,250 per person, per evacuation Full refund
(i) Transpo						
	rtation of body or ashes of insured person try of residence or country of nationality r cremation costs at the place of death		(i) Full refund (ii) Up to USD 10,000/ EUR 8,000/GBP 6,250	(l) Full refund (ii) Up to USD 10,000/ EUR 8,000/GBP 6,250	(i) Full refund (ii) Up to USD 15,000/ EUR 12,000/GBP 9,375	(i) Full refund (ii) Up to USD 20,000/ EUR 16,000/GBP 12,500
21. Hospital Ca	ash Benefit		USD 125/EUR 100/GBP 75 per night	USD 175/EUR 140/GBP 105 per night	USD 225/EUR 180/GBP 135 per night	USD 275/EUR 220/GBP 165 per night
2. Out-Patien Medical pra	t Charges actitioner fees		Pre-operative consultations within 15 days from the admission and post hospitalisation consultation within 30 days following discharge from hospital up to maximum USD 2,000/EUR 1,600/GBP 1,250 per medical condition	Full refund	Full refund	Full refund
23. Day-Patien	nt and Out-Patient Surgery		Full refund	Full refund	Full refund	Full refund
4. Out-Patien	t Psychiatric Illness		Not covered	Up to USD 2,500/ EUR 2,000/GBP 1,550	Up to USD 5,000/ EUR 4,000/GBP 3,125	Up to USD 7,500/ EUR 6,000/GBP 4,600
(i) Physiot (ii) Comple therapi chiropo	nt Physiotherapy and Alternative Therapies therapy by a registered physiotherapist. ementary medicine and treatment by a ist. This benefit extends to osteopaths, odists and podiatrists, chiropractors, paths, dietician and acupuncture		 (i) Up to 5 sessions within 30 days after hospitalisation (ii) Not covered (iii) Not covered 	 (i) Full refund up to a maximum 30 sessions (ii) and (iii) Full refund up to a maximum of 30 visits 	(i) Full refund (ii) and (iii) Full refund	(i) Full refund (ii) and (iii) Full refund

Full refund

Not covered

Subject to limits

Optional

Be	enefit	Essential	Advance	Excel	Apex
26.	Nursing Care at Home (i) Care given by a qualified nurse (ii) Emergency out-of-hours medical practitioner (GP) home visits	 (i) Up to USD 100/EUR 80/ GBP 65 up to 30 days per medical condition (ii) Not covered 	 (i) Full refund up to 45 days per medical condition (ii) Not covered 	 (i) Full refund up to 60 days per medical condition (ii) Not covered 	 (i) Full refund up to 120 days per medical condition (ii) Up to five visits
27.	AIDS Cover only available after three years of continuous membership	In-patient and day-patient treatment only up to USD 25,00 EUR 20,000/GBP 15,625	Up to USD 25 000/	Up to USD 40,000/ EUR 32,000/GBP 25,000	Up to USD 50,000/ EUR 40,000/GBP 31,250
28.	Maternity Costs incurred within 12 months of plan start date are excluded	Not covered	Not covered	Not covered	Up to USD 17,500/ EUR 14,000/GBP 10,940
29.	Dental Care (i) Routine dental treatment (ii) Complex dental treatment Costs incurred within nine months of plan start date are excluded. A co-insurance of 20% applies. Orthodontics subject to 50% co-insurance.	 (i) Not covered (ii) Not covered 	 (i) Not covered (ii) Not covered 	 (i) Up to USD 1.000/ EUR 800/GBP 625 (ii) Up to USD 2,000/ EUR 1,600/GBP 1,250 	 (i) Up to USD 1,500/ EUR 1,200/GBP 930 (ii) Up to USD 3,000/ EUR 2,400/GBP 1,875
Add	litional options				
30.	USA Elective Treatment	Optional Up to USD 1.5m/ EUR 1.2m/GBP 937,500	 Optional Up to USD 1.5m/ EUR 1.2m/GBP 937,500 	 Optional Up to USD 1.5m/ EUR 1.2m/GBP 937,500 	Optional Up to USD 1.5m/ EUR 1.2m/GBP 937,500
31.	Co-Insurance Out-Patient Treatment (i) 10% Co-Insurance Out-Patient Treatment (ii) 20% Co-Insurance Out-Patient Treatment	(i) Optional(ii) Optional	(i) Optional (ii) Optional	(i) Optional(ii) Optional	(i) Optional (ii) Optional
	Out-Patient Charges This additional option replaces benefit 22 (i) Medical practitioner fees (ii) a. Physiotherapy b. Treatment by Therapist c. Treatment for therapies by traditional Chinese medical practitioner or an ayurvedic medical practitioner We do not cover charges for general chiropody or podiatry.	 Optional (i) Up to USD 4,500/ EUR 3,600/GBP 2,800 (ii) Full refund up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25 	Already covered	Already covered	Already covered
	Out-Patient Charges – Option 2 This additional option replaces benefit 22 (i) Medical practitioner fees and maintenance of chronic conditions (ii) a. Physiotherapy b. Treatment by Therapist c. Treatment for therapies by traditional Chinese medical practitioner or an ayurvedic medical practitioner We do not cover charges for general chiropody or podiatry.	 Optional (1) Up to USD 4.500/ EUR 3,600/GBP 2,800 (ii) Full refund up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25 	Already covered	Already covered	Already covered
	Wellness, Optical and Vaccinations	Not covered	 Optional For compulsory group plans 3+ employees Combined limit up to USD 500/EUR 400/GBP 310 	 Optional For compulsory group plans 3+ employees Combined limit up to USD 500/EUR 400/GBP 310 	Optional For compulsory group plans 3+ employees Combined limit up to USD 500/FUR 400/GBP 310
35.	Wellness, Optical and Vaccinations - Option 2	Not covered	 Optional For compulsory group plans 3+ employees Combined limit up to USD 1,000/EUR 800/GBP 625 	 Optional For compulsory group plans 3+ employees Combined limit up to USD 1,000/EUR 800/GBP 625 	 Optional For compulsory group plans 3+ employees Combined limit up to USD 1,000/EUR 800/GBP 625
36.	Medical History Disregarded Waiting period for maternity or dental care benefits does not apply	 Optional For compulsory group plans 10+ employees 	 Optional For compulsory group plans 10+ employees 	 Optional For compulsory group plans 10+ employees 	 Optional For compulsory group plans 10+ employees
37.	Dental Care (i) Routine dental treatment (ii) Complex dental treatment Costs incurred within nine months of plan start date are excluded. A co-insurance of 20% applies. Orthodontics subject to 50% co-insurance.	Not covered	 Optional For compulsory group plans 10+ employees (i) Up to USD 500/ EUR 400/GBP 310 (ii) Up to USD 1,000/ EUR 800/GBP 625 	Already covered	Already covered
38.	Maternity (No Co-Insurance) Costs incurred within 12 months of plan start date are excluded	Not covered	 Optional For compulsory group plans 10+ employees Up to USD 8,500/ EUR 6,800/GBP 5,315 	 Optional For compulsory group plans 10+ employees Up to USD 12,500/ EUR 10,000/GBP 7,800 	Already covered
39.	Maternity (20% Co-Insurance) Costs incurred within 12 months of plan start date are excluded	Not covered	 Optional For compulsory group plans 10+ employees Up to USD 8,500/ EUR 6,800/GBP 5,315 	Not covered	Already covered
40.	Removal of Dental Co-Insurance	Not covered	> Optional	> Optional	> Optional
41.	Extended Evacuation and Repatriation	▶ Optional	Optional	Optional	▶ Optional
	luctible Options	•			·
	ndard Deductible	Nil	Nil	Nil	Nil
Opti	ional Deductibles	USD 1,000/EUR 800/GBP 625 USD 2,500/EUR 2,000/GBP 1,550 USD 5,000/EUR 4,000/GBP 3,125		USD 1,000/EUR 800/GBP 625 USD 2,500/EUR 2,000/GBP 1,550 USD 5,000/EUR 4,000/GBP 3,125	USD 1,000/EUR 800/GBP 625 USD 2,500/EUR 2,000/GBP 1,550 USD 5,000/EUR 4,000/GBP 3,125
		USD 10,000/EUR 8,000/GBP 6,250 USD 15,000/EUR 12,000/GBP 9,375	USD 10,000/EUR 8,000/GBP 6,250	USD 10,000/EUR 8,000/GBP 6,250	USD 10,000/EUR 8,000/GBP 6,250 USD 15,000/EUR 12,000/GBP 9,375
Out	Patient Per Visit Excess	Not covered	 Optional USD 25/EUR 20/GBP 15 	 Optional USD 25/EUR 20/GBP 15 	 Optional USD 25/EUR 20/GBP 15
Out	Patient Per Visit Excess – Option 2	Not covered	 Optional USD 15/EUR 12/GBP 10 	 Optional USD 15/EUR 12/GBP 10 	 Optional USD 15/EUR 12/GBP 10

What We Don't Cover

There are some limitations that apply in addition to any personal exclusion we may detail in your Certificate of Insurance. These include treatments that may be considered a matter of personal choice (such as cosmetic treatment) and other treatments that are excluded from cover to keep premiums at an affordable level. For a full description, please refer to the members' handbook.

- 1 Act of terrorism, war and illegal acts
- 2 Administrative and shipping fees
- 3 Alcohol and drug abuse
- 4 Allergy Testing
- 5 Chemical exposure
- 6 Cosmetic treatment
- 7 Contamination
- 8 Chronic conditions (Essential plan only)
- 9 Coma or Vegetative State
- 10 Deductible, out-patient per visit excess or co-insurance
- 11 Dental care – unless this additional option has been chosen
- 12 Developmental disorders
- 13 Dietary supplements, vitamins or minerals and cosmetic products
- 14 Eating disorders
- 15 Experimental treatment and drugs
- Eyesight tests or vision correction, hearing tests, hearing or visual aids
 except as stated in the benefit schedule
- 17 External appliance and/or prosthesis
- **18** Failure to follow medical advice
- 19 Foetal surgery
- 20 Genetic testing

- 21 Hazardous sports and pursuits
- 22 HIV, AIDS or sexually transmitted disease – except as stated in the benefit schedule
- 23 Hormone Replacement Therapy – unless caused due to medical intervention
- 24 Morbid obesity
- 25 Nursing homes, convalescence homes, health hydros and nature cure clinics
- Pregnancy or maternity

 unless this option has been chosen or included within the core benefits of the plan
- 27 Pre-existing Medical Conditions – unless agreed by us in writing
- 28 Professional sports
- 29 Reproductive medicine
- 30 Routine examinations, health screening – except as stated in the benefit schedule
- Second opinions

 unless agreed by us in writing as part of the added value Interconsultation® service
- 32 Self-inflicted injuries or attempted suicide
- 33 Sexual problems and gender re-assignment
- 34 Sleep disorders
- 35 Travel/accommodation costs
 except those pre-authorised by us
- 36 Travelling against medical advice
- 37 Treatment by a family member
- 38 Treatment charges outside of our reasonable and customary range

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It's quick and easy to join us. If you're looking for a simple and accessible approach to international health insurance, visit www.now-health.com or ask your intermediary for more information.



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